



## **Newick Forest School Long Term Plan**

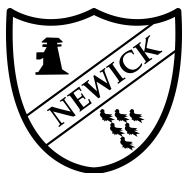
Using our school vision of everyone being a W.I.C.K learner, we understand the importance of learning new skills and sharing wisdom and kindness in the outdoor environment. Our Forest School area and the rich environment surrounding our school is our outdoor classroom where the children can enhance their understanding of core curriculum subjects in the form of hands-on-practical activities.

### **Aims**

- W** - to show wisdom and knowledge about the natural world.
- I** - to show independence and learn to evaluate risks and challenge.
- C** - to be creative in their thinking when tackling problems.
- K** - To show kindness to nature and the environment around them.

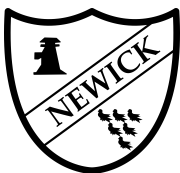
### **In Forest School we want our learners to:**

- Feel equal, unique and valuable
- Experience risk and challenge
- Develop a strong relationship with themselves and others
- Develop a strong relationship with the natural world.
- Become more competent, confident and expert in their techniques, and apply them across different outdoor and physical activities.
- Analyse own performance compared to previous ones and demonstrate improvement
- Use a range of strategies to problem solve and be creative Develop their technique and improve their performance in Forest School sessions
- Understand and apply the long-term health benefits of physical activity.
- Develop emotional intelligence and resilience.



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Term (Months)	Year	Activities	Links to the Curriculum	DT Opportunity
Term 1 September to October	6	<ul style="list-style-type: none"> <li>Trench building</li> <li>Learning simple first aid</li> <li>Orienteering map work</li> <li>Experiencing life in the land army</li> </ul>	Class text is: Goodnight Mr Tom. The History topic for the term is Conflict. Science - Light why do objects cast shadows?	Sundials <a href="https://www.cambridgeforestschool.co.uk/2019/07/08/make-your-own-sundial/">https://www.cambridgeforestschool.co.uk/2019/07/08/make-your-own-sundial/</a>
Term 2 October to December	5	<ul style="list-style-type: none"> <li>The meaning of victorian flowers.</li> <li>Creating their own story stones</li> <li>Creating remembrance poppies.</li> <li>Alternative Christmas Trees</li> <li>Victorian Games</li> <li>Baking bread on a stick.</li> </ul>	Class Text - Street Child -. Medieval Realms is the topic.  Science Properties and changes of materials.	Whittle medieval hunting tools <a href="https://www.makefromwood.com/whittling-chip-ideas-for-cub-scouts-plus-safety-tips/">https://www.makefromwood.com/whittling-chip-ideas-for-cub-scouts-plus-safety-tips/</a>
Term 3 January to February	3	<ul style="list-style-type: none"> <li>Building Secret miniature gardens.</li> <li>Creating prints from plants</li> <li>Making nature crowns and clothes</li> <li>Wild weaving</li> </ul>	Weslandia Class Text - From the Big Smoke to the Green Village	Designing and creating miniature gardens <a href="https://greatmentortexts.wordpress.com/2015/02/01/creating-westlandia-in-the-garden/">https://greatmentortexts.wordpress.com/2015/02/01/creating-westlandia-in-the-garden/</a>
Term 4 February to April	1	<ul style="list-style-type: none"> <li>Looking for wild animal clues</li> <li>Bird watching</li> <li>Create leaf animals</li> <li>Make a birds nest</li> <li>Cooking using vegetables</li> </ul>	Gate to Plate - Oliver's Vegetables and Beatrix Potter.  Science topic - Animals	Making a vegetable stew <a href="https://www.bbc.co.uk/food/recipes/campfire_stew_74726">https://www.bbc.co.uk/food/recipes/campfire_stew_74726</a>
Ter 4 February to April	R	<ul style="list-style-type: none"> <li>Learning about our local wildlife.</li> <li>Map drawing and following</li> <li>Cooking</li> <li>Den Building</li> </ul>	UW, PSED, PD, EAD, L, M, C&L	



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		<ul style="list-style-type: none"> <li>• Forest School games</li> <li>• Creating art using natural materials</li> </ul>		
Term 5 April to May	4	<ul style="list-style-type: none"> <li>• Making rafts</li> <li>• Shelter building</li> <li>• Create your own water filter</li> <li>• Cook your own survival meal</li> <li>• Foraging</li> <li>• Identifying Forest Wildlife.</li> </ul>	<p>Class text is: The Explorer - The Amazon is the topic. Living Things and Habitats</p> <p>Science - All Living Things.</p>	<p>Design and build a shelter and raft for a lego figure that floats. Followed by an evaluation. <a href="https://www.scouts.org.uk/activities/teeny-tiny-twig-rafts/">https://www.scouts.org.uk/activities/teeny-tiny-twig-rafts/</a></p>
Term 6 May to July	2	<ul style="list-style-type: none"> <li>• Minibeast hunt</li> <li>• Habitat creations</li> <li>• Cooking baked peaches</li> <li>• Creating magic potions.</li> </ul>	<p>James and the Giant Peach - In a World of Our Own.</p> <p>Looking at the minibeasts and understanding about habitats.</p> <p>Science topic - living things and their habitats.</p>	<p>Make campfire peach cobbler and evaluate its success. <a href="https://adventuresofmel.com/easy-campfire-peach-cobbler-recipe/">https://adventuresofmel.com/easy-campfire-peach-cobbler-recipe/</a></p>

Pupils will be assessed throughout the year on the following areas:

- Emotional intelligence
- Resilience
- Developing Skills
- Decision Making
- Evaluating
- Knowledge and understanding of Forest School